



**care & rehab**  
*Always in touch*

## Join us!

### Become a volunteer with Care & Rehab

#### Minnesota

Ostrander Care & Rehab   
(507) 657-2231

#### Wisconsin

Barron Care & Rehab   
(715) 537-5643

Boscobel Care & Rehab   
(608) 375-6342

Ladysmith Care & Rehab   
(715) 532-5015

Neillsville Care & Rehab   
(715) 743-5444

#### Why volunteer?

Sharing your time and talent is a VALUABLE gift greatly appreciated by the patients and residents we care for. In return you can experience the satisfaction of helping others in your community, develop new skills, build your confidence and make new friends.

#### Who can volunteer?

All are welcome! High school and college students, school-age children (below age 16 must be accompanied by an adult), retirees, former patients, professionals and homemakers. Anyone can volunteer!

#### What can I do?

Play cards/games, provide entertainment, teach your talent/passion, horticulture (inside or outside), simple nursing help, reading, maintenance, and more...

#### How much time does it take?

Volunteers typically commit to one to two hours per month.

#### How do I get started?

Check off the Care & Rehab location/s of choice (at left), complete the form below and drop this sheet off at any Care & Rehab facility. Or call Care & Rehab directly and ask to speak with the Activity Department.

**Yes!** I would like to volunteer! \_\_\_\_\_

Name: \_\_\_\_\_

Email: \_\_\_\_\_ Age (if 15 yrs old or younger): \_\_\_\_\_

Phone: \_\_\_\_\_ Home / Cell (pls circle)

I prefer to be contacted via:  Phone  Text  Email